

Begin ride at the MAHEC Family Health Center on WT Weaver Blvd. Center is 0.8 miles west of Merrimon Ave. Please park in the far right lot by the street.
Obey All Traffic Signs and Signals

Go Mileage		Description	Cumulative Mileage
0.0	➔□	Exit right onto WT Weaver Blvd. from MAHEC Family Health Center	0.0
0.4	↩️🚦□	At traffic light, turn left on Merrimon Ave	0.4
0.1	➡️🚦□	At traffic light, turn right on Murdock Ave	0.5
0.3	↩️□	Turn left on Evelyn Pl	0.8
0.3	➔🛑□	At stop sign, turn right on Charlotte St	1.1
0.1	↩️□	Turn left on Macon Ave	1.2
0.8	↑□	Straight onto Old Toll Rd Pass Grove Park Inn	2.0
1.4	↩️□	Turn left on Bent Tree Rd	3.4
0.7	↑□	Straight onto Crestwood Dr Becomes Crestwood Rd	4.1
0.6	↩️🛑□	At stop sign, turn left on Town Mtn Rd	4.7
4.7	↩️🛑□	At stop sign, turn left on Blue Ridge Parkway	9.4

Go Mileage		Description	Cumulative Mileage
1.6	↩️□	Turn left on Bull Gap Rd	11.0
0.3	➔□	Turn right on Ox Creek Rd Caution: Next 3 miles extreme downhill, keep speed under control	11.3
4.2	↩️🛑□	At stop sign, turn left on Reems Creek Rd	15.5
2.3	➡️□	Turn right on Hamburg Mtn. Rd	17.8
2.2	➔🚦□	At traffic light, turn right on Main St	20.0
0.1	➡️🚦□	At traffic light, straight TRO Main St	20.1
0.6	↩️🚦□	At traffic light, turn left on Monticello Rd	20.7
1.1	➡️🚦□	At traffic light, straight across US 25/70 TRO Monticello Rd	21.8
2.8	➔🛑□	At stop sign, turn right on Riverside Dr	24.6
1.1	↩️□	Turn left on Fletcher Martin Rd	25.7

Go Mileage		Description	Cumulative Mileage
1.1	↩️□	Turn left on Jenkins Valley Rd	26.8
3.7	↩️□	Turn left on Macedonia Rd	30.5
0.4	↩️□	Turn left on Olivette Rd	30.9
2.0	↩️🛑□	At stop sign, turn left TRO Olivette Rd	32.9
0.3	↩️□	Turn left on Old Leicester Rd Don't miss this important turn	33.2
0.6	↩️🛑□	At stop sign, turn left on Old Leicester Hwy	33.8
0.2	➔🛑□	At stop sign, turn right on NC 251	34.0
2.2	➔🚦□	At traffic light, bear left on Broadway St Go under Rt 19/23	36.2
0.5	↩️🚦□	At traffic light, turn left on WT Weaver Blvd	36.7
0.4	➡️□	Turn right into MAHEC Family Health Center	37.1

TRO = To Remain On
Total Ascent 3237'

Go Mileage		Description	Cumulative Mileage

Ox Creek Plunge

