

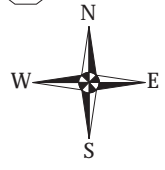
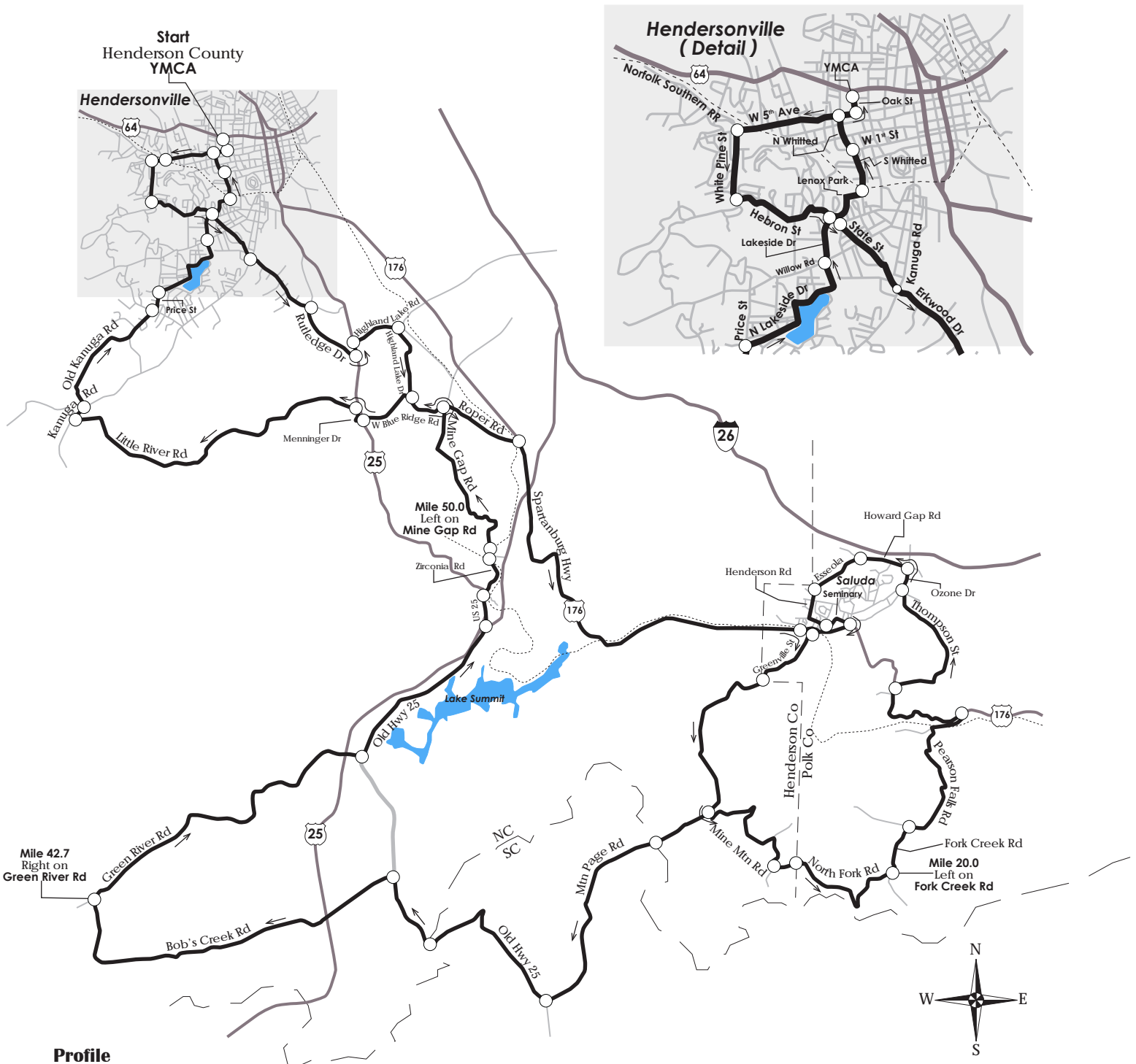
Go Mileage	Description	Cumulative Mileage
0.0	➔□ Exit right from YMCA onto Oak St	0.0
0.2	➔□ At blinker, turn right on W 5 th Ave	0.2
0.7	⚠□ Caution: Railroad tracks	0.9
0.1	⏸□ At stop sign and blinker, turn left on White Pine St	1.0
0.5	⤴□ Bear left on Hebron St	1.5
0.8	⤴□ Bear right on State St	2.3
0.7	➔□ At traffic light, straight across Kanuga Rd onto Erkwood Dr	3.0
0.9	➔⏸□ At stop sign, turn right on Rutledge Dr	3.9
0.9	⏸□ At stop sign, turn left on	4.8
0.1	➔□ At traffic light, turn right on Highland Lake Rd	4.9
0.6	➔□ Turn right on Highland Lake Dr	5.5
0.9	⏸□ At stop sign, turn left on W Blue Ridge Rd	6.4
0.5	➔□ Turn right on Roper Rd	6.9
1.0	⚠□ Caution: Railroad tracks	7.9
0.0+	➔⏸□ At stop sign, turn right on Spartanburg Hwy / US 176	7.9+
5.5	➔□ Turn right on Erwin St just before bridge	13.4
0.1	➔⏸□ At stop sign, turn right on Greenville St	13.5
0.9	↑□ Straight — becomes Mtn Page Rd at Henderson / Polk Co Line	14.4
2.3	⤴□ Bear left on Mine Mtn Rd	16.7 ₁

Go Mileage	Description	Cumulative Mileage
1.0	⤴□ Turn left on Bob's Creek Rd	38.1
4.6	➔⏸□ At stop sign, turn right on Green River Rd	42.7
4.2	⏸□ At stop sign, turn left on Old Hwy 25	46.9
2.0	⤴□ Bear left onto Greenville Hwy / US 25	48.9
0.5	➔□ Turn right on Zirconia Rd	49.4
0.0+	⤴□ Bear left TRO Zirconia Rd	49.4+
0.5	⚠□ Caution: Railroad tracks	49.9
0.1	⤴□ Turn left on Mine Gap Rd	50.0
0.1	⚠□ Caution: Railroad tracks	50.1
2.2	⏸□ At stop sign, turn left on Roper Rd	52.3
0.0+	⏸□ At stop sign, turn left on W Blue Ridge Rd	52.3+
1.2	➔□ At traffic light, straight across Greenville Hwy / US 25 onto Memminger Dr	53.5
0.2	⏸□ At stop sign, turn left on Little River Rd	53.7
4.0	➔⏸□ At stop sign and blinker, turn right on Kanuga Rd	57.7
0.2	⤴□ Turn left on Old Kanuga Rd	57.9
1.6	➔⏸□ At stop sign, straight across Price Rd onto Price St	59.5
0.2	➔□ Turn right on N Lakeside Dr	59.7
1.1	➔⏸□ At stop sign, straight across Willow Rd onto Lakeside Dr	60.8
0.3	➔⏸□ At stop sign, straight across Hebron St onto Lenox Park Dr	61.1

Go Mileage	Description	Cumulative Mileage
1.4	⤴□ Turn left on North Fork Rd	18.1
0.2	↑□ Straight — Polk / Henderson Co line	18.3
1.7	⏸□ At stop sign, turn left on Fork Creek Rd	20.0
1.7	➔⏸□ At stop sign, turn right on Pearson Falls Rd	21.7
0.4	⏸□ At stop sign, turn left on Spartanburg Hwy / US 176	22.1
1.3	➔□ Turn right on Thompson St	23.4
2.0	➔⏸□ At stop sign, turn right on Louisiana Ave	25.4
0.0+	➔⏸□ At stop sign, turn right on Ozone Dr	25.4+
0.2	⤴□ Turn left on Howard Gap Rd	25.6
0.6	⤴□ Bear left onto Esseola St	26.2
0.8	↑□ Straight — becomes Henderson Rd	27.0
0.5	↑□ Straight — becomes Seminary Rd	27.5
0.4	➔⏸□ At stop sign, turn right on Ozone Dr	27.9
0.0+	➔⏸□ At yield sign, turn right on Spartanburg Hwy / US 176	27.9+
0.4	⏸□ At traffic light, Turn left on Greenville St	28.3
0.0+	⚠□ Caution: Railroad tracks	28.3+
1.0	↑□ Straight — becomes Mtn Page Rd at Henderson / Polk Co Line	29.3
3.0	↑□ Straight — SC/ NC State Line	32.3
2.6	➔⏸□ At stop sign, turn right on Old Hwy 25	34.9
2.2	↑□ Straight — NC/ SC State Line	37.1

Go Mileage	Description	Cumulative Mileage
0.3	⏸□ At stop sign, turn left on S Whitted St	61.4
0.0+	⚠□ Caution: Railroad tracks	61.4+
0.3	⏸□ At stop sign, turn left on W 1 st Ave	61.7
0.0+	➔□ Turn right on N Whitted St	61.7+
0.3	➔□ At traffic light, turn right on W 5 th Ave	62.0
0.1	⤴□ At blinker, turn left on Oak St	62.1
0.1	⤴□ Turn left into YMCA End of Ride	62.2
Total Ascent 4691'		

YMCA Metric Century



Profile

